



POOLSIDE YOGA & GUIDED HIKES

- PRESENTED BY TOCALOMA SPA

Challenge & balance your body and mind with a **Yoga Stretch Class** or explore & learn about the surrounding desert landscape with an easy to moderate **Guided Hike**

Where:

Yoga* - meet at the Family Pool located north of the resort's main lobby

Hike* - meet on the patio of Tocaloma Spa & Salon

When:

Fridays, Saturdays & Sundays, 7:30am**

How:

Call 602 375 4645 or ext. 7085 to reserve your spot or to receive more details, advance reservations are required by noon the day prior to yoga class or hike

\$25 per person



[facebook.com/pointehiltontapatiocliffs](https://www.facebook.com/pointehiltontapatiocliffs) | twitter.com/pointehiltontap | Instagram: @pointehiltontap

*Yoga is for all skill levels, beginner to advanced. Hike is approximately 75 mins. Appropriate footwear is required. Children under age 16 must be accompanied by an adult.

**Summer hours may vary.

161043 4/16

